

## Your day the right way with School Breakfast

School breakfast will give you **MORE** energy, keep your body healthy and help improve your grades!

School Name: Mayfield Middle School (Cafeteria 2) Breakfast Times: 7:30a.m. - 7:50a.m. Prices: \$1.85

Breakfast will have either:

Choice of: Bowl pack cereals, whole grain rich muffins or Poptart with low fat yogurt or string cheese

## OR:

Whole grain rich PB&J Uncrustable Fresh fruit and/or juice and milk This institution is an equal employer & provider